



April 2011 E-Newsletter

Can't Travel to NYC? NYCPM Reps may be Visiting Your College this Spring

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this spring, and we may be coming to a college near you. Below is a list of colleges we will be visiting this month. If you would like to find out more details about the event taking place at each location, please email enrollment@nycpm.edu. You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered.

School	Date
Vanderbilt University-Nashville, TN	April 7 th
Manhattan College-Riverdale, NY	April 7 th
Stony Brook University- Stony Brook, NY	April 11 th
Texas Christian University- Fort Worth, TX	April 12 th
Southern Methodist University- Dallas, TX	April 12 th
Norfolk State University- Norfolk, VA	April 12 th
University of Texas- Arlington, TX	April 13 th
University of Texas- Dallas, TX	April 13 th

Austin College- Austin, TX	April 14 th
University of North Texas- Denton, TX	April 14 th
Salisbury University- Salisbury, MD	April 14 th
Stevenson University- Stevenson, MD	April 15 th
New York University- New York, New York	April 19 th
University of Maryland- College Park, MD	April 20 th

Should I apply without having all of my prerequisites complete?

Applying before you have completed all of your science prerequisites is an option; however, you must complete the following prerequisites with at least a C- prior to matriculation if accepted :

- Biology 8 Hours
- Physics 8 Hours
- Inorganic Chemistry 8 Hours
- Organic Chemistry 8 Hours
- English 6 Hours

Once the Office of Admissions has received your verified transcripts from AACPMAS, and official MCAT/ DAT scores, your interview status will be determined by the Associate Dean of Admissions. After submitting your application with transcripts, you can expect to hear back from the Office of Admissions in approximately two to three weeks regarding your interview status.

Residency placement

March 14th was residency match day for podiatry students nationwide and everyone was nervously optimistic to hear of the results, especially due to reports that there would be a shortage of spots this year. When the placements were released, all but a handful of NYCPM seniors found out that they had matched, and by the end of the week, all of our students were able to find residencies. So, we are very proud to report a 100% match rate for the Class of 2011!

It is already April. Is it too late to apply for this fall?



If you plan to apply for the September class and have not yet done so, you should feel a sense of urgency. Based on the number of applications NYCPM has received thus far, the admissions staff expects the class to be filled by early summer. The longer you wait to apply, the more risk you take of missing the opportunity to enter in September. With that being said, there is still time to submit your application if you have not done so. The official deadline is June 30th.

To expedite your application, you can take the following steps before you submit your application:

- Request that your official transcripts be sent directly to AACPMAS
- Request a Pre-Health Committee Evaluation from your advisor, or if you are out of school, request three letters of recommendation from former professors or doctors you have shadowed.
- Schedule a date to take the MCAT or DAT if you have not already done so. If your application is in process, the last MCAT test date we will accept before the June 30th deadline is June 16th.

Applications must be submitted through AACPMAS at www.e-aacpmas.org, and there are no supplemental applications. Visit the NYCPM admissions website at www.nycpm.edu/admission.asp to learn about the admissions process and requirements.

Those who are accepted after the September class is full may defer to our January class without having to submit a new application. This is an option available only to NYCPM applicants.

What is the average salary for a DPM?



This is a hot topic, as many sources provide varying answers. Many factors contribute to a DPM's salary. Owning your own practice, working within a group practice, or working for a hospital may provide very different salaries. When you include the variables that differ from state to state such as overhead costs, cost of living, and demand, you might calculate numbers that contradict what is being published as an average salary. This is what the Department of Labor writes about podiatrists' salaries:

Median annual wages of salaried podiatrists were \$113,560 in May 2008. Additionally, a survey by *Podiatry Management Magazine* reported median net income of \$114,768 in 2008. Podiatrists in partnerships tended to earn higher net incomes than those in solo practice. Salaried podiatrists typically receive health insurance and retirement benefits from their employer, whereas self-employed podiatrists must provide for their own health insurance and retirement. Also, solo practitioners must absorb the costs of running their own offices.

Generally, during your residency period, you should expect to make from \$40k to \$62k a year. Upon completing your residency, depending on your training, the state you live in, and where you work, you can expect to earn around \$100k a year.

This is not a promised salary. As is the case in most careers, the harder you work and the decisions you make greatly impact what you will earn. As you gain experience, you will learn what you need to do to earn a more competitive income. There are some podiatrists making well over \$200k a year, but it is not realistic to expect this salary immediately upon graduating. Those who are knowledgeable, ethical, and hard-working will almost always earn a more competitive salary.

Meet an NYCPM Student:



Name: Irina Pisaryuk

Hometown: Brooklyn, NY

Email: ipisaryuk@nycpm.edu

Undergraduate College: NYU

Medical School Class: 2012

What made you decide to pursue a career in podiatric medicine?

From as far back as I can remember, I have always been interested in a career in medicine, but choosing which particular specialty I wanted to pursue was somewhat of an ongoing dilemma.

During my years in college at NYU, I kept committed to my interest in medicine and followed the pre-med track for all 4 years, never truly knowing what to focus on and never fully feeling like the typical allopathic medical school route was the right choice for me.

Fortunately, aside from devoting my time to my academic studies, I was greatly devoted to dancing. I had been dancing since a very young age and continued to do so up until and including my college years. I studied various forms of dance including ballet, modern and hip-hop and was always interested in the art of dance as well as how it tied together with sports medicine.

I never really knew what the field of podiatric medicine was all about until I myself ended up as a patient in a podiatrist's office subsequent to a fall injury I

suffered during one of my ballet performances my 2nd year of college. Although an absolutely embarrassing situation, it was the spark to my interest in podiatric medicine. My experience as a patient made me curious about what this career was all about, especially because it was never a career I had learned about as an undergrad. I contacted a few local podiatrists to ask to shadow them and everyone was more than welcoming to have me come in and learn. It was after a few times of shadowing that I began to feel like this was the perfect career for me. I now see how many subspecialties and opportunities podiatry has to offer. Podiatric medicine was in a way a career I “fell” into, but a career I then chose to pursue.

What made you decide to attend NYCPM?

I decided to attend NYCPM because NYC is where I grew up and where I eventually want to build my practice. In addition to this, the clinic at FCNY and the hospital experience that NYCPM has to offer played a large role in my decision to go to NYCPM. I felt I would gain the most exposure and the most diverse experience in patient care and pathology-based cases than I would at any other school.

What was the transition from undergrad to medical school like?

The transition from undergrad to medical school was a challenge at first, but definitely something I found plausible once I got myself adjusted to the schedule and the classes. I had a very rigorous academic schedule at my undergrad, so the workload and intensity was something I was familiar with. The adjustment was having multiple exams every week during the first two years of school. Once I picked up the pace and learned how to manage my time and studying, I became used to the pressure and actually appreciated the constant testing, because it allowed me to stay on top of my information better.

What is your favorite part about being a student at NYCPM or in NYC in general?

My favorite part about NYCPM is the clinic. After sitting in a classroom for two years, finally getting hands-on experience is a nice change. I feel productive in clinic and feel like I can finally apply what I have been learning and understand when to skew from a textbook and go on a decision to treat a patient based on your own judgments. The clinicians are very helpful and let you handle most patient encounters as if you were the doctor.

What activities are you involved in at NYCPM?

I am a student ambassador. I am an active member of the diabetes and surgery club. I have been a histology tutor. I have been on several education committees and I have been a workshop leader for the biochemistry recitations.

What advice do you have for incoming students?

I would tell incoming students to definitely go out and shadow a podiatrist on several occasions before coming into the school, so that they can keep in mind what they are striving and working for in the long run. The first two years are difficult and involve many hours of lecture and textbook learning, and you need to keep motivated to keep up the studying so that eventually when third year comes around, you can really appreciate what the clinic and hospitals have to offer. Everyone starting off needs to figure out what type of studying works best for him/her because that will be the key to his/her success in the years to come.

Incoming students should also be well-rounded and have lives outside of school to not only add to their credentials but to keep them sane in times of stress. Podiatry school is not a walk in the park, but requires a lot of dedication and hard work; if, however, you are willing to put in the hours and the emotion, you will have no problem finding success.

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