



September 2011 E-Newsletter

Travel Schedule

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting this month. If you would like to find out more details about the event taking place at each location, please email enrollment@nycpm.edu. You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered about your individual situation.

School	Date
Medgar Evers College- Brooklyn, NY	9/7
Xavier University- New Orleans, LA	9/12
Dillard University- New Orleans, LA	9/12
University of New Orleans- New Orleans, LA	9/13
Our Lady of the Lake College- Baton Rouge, LA	9/13
Tulane University- New Orleans, LA	9/13
Lehman College- Bronx, NY	9/14
Louisiana College- Pineville, LA	9/14
Centenary College- Shreveport, LA	9/15

McNeese University- Lake Charles, LA	9/15
College of Staten Island- Staten Island, NY	9/15
Northwestern State University- Natchitoches, LA	9/16
Clayton State University- Morrow, GA	9/20
Spelman College- Atlanta, GA	9/21
University of New Haven- New Haven, CT	9/21
Georgia State College- Milledgeville, GA	9/21
University of Hartford- Hartford, CT	9/22
Georgia Tech- Atlanta, GA	9/22
Yale University- New Haven, CT	9/23
Clafin University- Orangeburg, SC	9/23
High Point University- High Point, NC	9/26
Guilford College- Greensboro, NC	9/26
Campbell University- Buies Creek, NC	9/27
East Carolina University- Greenville, NC	9/28
St. Joseph's College- Patchogue, NY	9/28
Fayetteville State University- Fayetteville, NC	9/29
Wagner College- Staten Island, NY	9/30

What advantages does being located in Harlem offer NYCPM students?

If you ask an NYCPM third-year student who is training in the Foot Center of New York (FCNY), "What is NYCPM's advantage?" they will most likely mention our location in the neighborhood of Harlem. Being located in Harlem provides a clinical experience that cannot be matched in more rural settings.

Third-year students are exposed to some of the rarest diseases, deformities and pathologies in the country, such as Leprosy (Hansen’s Disease), pediatric and adult club foot, and extreme diabetic foot infections. Seeing so many different conditions gives students an advantage when they begin their externships and residencies. “Being in Harlem provides FCNY a patient population that is often unable to afford proper medical care and that presents in-stage disease states. This offers NYCPM students significant exposure to the evaluation and treatment of foot pathology not abundantly available elsewhere,” says Dr. Laurence Lowy, Dean of Student Services.

Harlem offers NYCPM students a wealth of patients with a variety of conditions, keeping our students at the top of their game in regards to recognizing and treating various pathologies of the lower extremity.

I only took the prerequisites to apply. Should I take anything else?

The more science courses you take in your undergraduate or post-bacc program, the better prepared you will be for a medical education. Many candidates have been accepted with the minimum prerequisites; however, the most impressive candidates will go beyond the minimum and take challenging courses such as anatomy, biochemistry, and physiology.

If you’re serious about medical school, you should welcome the challenge by taking upper-level science courses. However, if time or finances won’t allow you to take the extra coursework, you will still be a competitive candidate as long as you meet all other admissions requirements.

Second Annual NYCPM Welcome Picnic



Looming storm clouds gave way to bright sunshine for NYCPM's second annual new student welcome picnic, held on August 26th in Central Park, right across from the Heritage Apartments, (where many of the first-year students live). Students and staff alike filled up on wraps and sandwiches and had delicious cookies and brownies for dessert. After lunch, students socialized with one another, took pictures and played catch.

New Student Orientation



Eighty-five new students in the Class of 2015 arrived on campus on August 30th for New Student Orientation, including the current twenty-five January students. Unfortunately, the original two-day schedule had to be condensed into one day due to Hurricane Irene.

Speakers for the event included Joel Sturm, Chief Operating Officer, Stanley Mandel, Chairman of the Board of Trustees, Eileen Chusid, Dean of Pre-Clinical Sciences, Vernese Pannell, Registrar, James Warren, Director of Security, and many more.

Students received their ID badges, locker assignments, measurements for white coats, and their class schedule. After a full day of receiving and digesting information, students were well prepared for the first day of classes on Wednesday, August 31st.

Student Interview



Name: Irina Abramova

Hometown: Queens, NY

Email: iabramova@nycpm.edu

Undergraduate College: Binghamton University

Graduating Class: 2014

What made you decide to pursue a career in podiatric medicine?

After getting my degree with a major in biology and having research experience from a microbiology laboratory at my undergraduate university, I knew I wanted to dedicate my future to medical science. However, I was not aware of what field. During my summer breaks I would work as a Russian translator at the Forest Hills Hospital in Queens NY. There I saw how much I enjoyed interacting with people, and helping people one on one. Working in a laboratory was not my calling.

After graduating from Binghamton University, I took the MCAT and worked as a tennis coach for Elf Tennis in NYC. While unsure of where I was going to apply, seeing many foot injuries during this one year break, I knew I was interested in the sports medicine arena. While working, I received an invitation for the NYCPM open house. The open house gave me a better perspective on what podiatry was and what I could expect in the future. During the open house, I was told that there are many podiatrists whom I could shadow in my neighborhood, to see if the practice was right for me. Dr. Arthur Gudeon, a

graduate from NYCPM, was very welcoming and showed me how much he enjoys coming to work and seeing his patients. I loved that in one day he was a sports medicine doctor, a dermatologist, and a wound care specialist.

This is when I decided to apply to Podiatric colleges.

What made you decide to attend NYCPM?

It was a combination of a lot of things. I wanted to be closer to my family and have the opportunity to go abroad for my externships. NYCPM is also the oldest and best-known podiatric college, and being located in NYC, I knew I would have more opportunities to network than anywhere else.

What was the transition from undergrad to medical school like?

The faculty and administration at NYCPM were very supportive in my transition. Any anxiety I had about balancing the school work, and living by myself in Manhattan, was easier with all the advice I got from the student body and faculty. The upperclassmen went out of their way to give us advice about classes, books, exams, and time management issues. Overall, my transition was smooth.

What is your favorite part about being a student at NYCPM or in NYC in general?

There are a lot of things to love about NYCPM. One thing is that because the school is not very big, you feel closer to your classmates. The professors have an open door policy, which also helps to foster that tight-knit atmosphere. Even though I am from NYC, I like that I could do something different every weekend and not get bored. I also know that I'm going to see many different clinical cases at the Foot Center because of the large patient population in Harlem.

Finally, I love that we have guest lecturers come from other medical colleges and talk to us on the different aspects of podiatric medicine.

What activities are you involved in at NYCPM?

I'm a Medical Student Alliance Liaison, a student advisor, a clinical researcher, and a member of the Diabetes Club on campus.

What advice do you have for incoming students?

Learn as much as you can and get involved as soon as you can. Time management is also super important. Volunteer whenever you can so that you can get as much experience as possible before going to the clinic. Finally, help your classmates and they will help you.

NYCPM is currently accepting applications for admission. Start your application today by visiting <http://www.e-aacpmas.org/>.

[NYCPM | Apply](#)

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