



Prospective podiatry students have many resources for gathering information about each podiatry school. You can gain primary knowledge by visiting the school in person. You can ask students and alumni for their opinions of the school. You can even visit websites specifically designed to guide you on your pre-med paths. The Admissions Office at New York College of Podiatric Medicine wants to be one of your resources for learning about the admissions process for podiatry school. Each month, our newsletter will feature new topics and questions posed by pre-podiatry students from across the country. Find out the answers to your questions directly from an Admissions staff member.

### Can't travel to NYC? NYCPM reps may be visiting your college this fall

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting in October. If you would like to find out more details about the event taking place at each location, please email [enrollment@nycpm.edu](mailto:enrollment@nycpm.edu). You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered about your individual situation.

School	Date
University of Virginia, Charlottesville, VA	October 1
James Madison University, Harrisonburg, VA	October 1
University of Maryland – Eastern Shore, Princess Anne, MD	October 2
Colgate University, Hamilton, NY	October 2
Franklin College, Franklin, IN	October 2
Indiana University – Bloomington, Bloomington, IN	October 2
D'Youville College, Buffalo, NY	October 3
Niagara University, Lewiston, NY	October 3
Indiana University – Kokomo, Kokomo, IN	October 3
Southern Indiana University, Evansville, IN	October 4
American River College, Sacramento, CA	October 4-5
California State University – Stanislaus, Turlock, CA	October 6
Rowan University, Glassboro, NJ	October 6
University of Alabama, Tuscaloosa, AL	October 6
University of North Alabama, Florence, AL	October 6
Auburn University, Auburn, AL	October 7
Kentucky State University, Frankfort, KY	October 7
Western Kentucky University, Bowling Green, KY	October 7
University of South Alabama, Mobile, AL	October 8
Berea College, Berea, KY	October 8

Eastern Kentucky University, Richmond, KY	October 8
University of Southern Mississippi, Hattiesburg, MS	October 9
Bellarmino University, Louisville, KY	October 9
Spalding University, Louisville, KY	October 9
Brescia University, Owensboro, KY	October 10
Asbury College, Wilmore, KY	October 10
Texas A&M, College Station, TX	October 10
Trinity College, Hartford, CT	October 14
University of Michigan, Ann Arbor, MI	October 14
University of New England, Biddeford, ME	October 14
Michigan State University, East Lansing, MI	October 14-15
Kalamazoo College, Kalamazoo, MI	October 15
Hillsdale College, Hillsdale, MI	October 15
Marygrove College, Detroit, MI	October 15
Bates College, Lewiston, ME	October 15
Saginaw Valley State University, Saginaw, MI	October 16
Eastern Michigan University, Ypsilanti, MI	October 16
American University, Washington, DC	October 16
University of Maine – Farmington, Farmington, ME	October 16
Colby College, Waterville, ME	October 17
New Jersey Institute of Technology, Newark, NJ	October 20
SUNY Oneonta, Oneonta, NY	October 20
Lewis and Clark State College, Lewiston, ID	October 20
SUNY Oswego, Oswego, NY	October 21
Boise State University, Boise, ID	October 21
St. John's College, Annapolis, MD	October 21
SUNY Cortland, Cortland, NY	October 22
Idaho State University, Pocatello and Idaho Falls, ID	October 22
University of Maryland, College Park, MD	October 22
Elmira College, Elmira, NY	October 23
Brigham Young University – Rexburg, Rexburg, ID	October 23
University of Maryland – Baltimore County, Baltimore, MD	October 23
Case Western Reserve University, Cleveland, OH	October 24
University of Utah, Salt Lake City, UT	October 27
Alfred University, Alfred, NY	October 27
McNeese State University, Lake Charles, LA	October 27
Rutgers University, Newark, NJ	October 27
Weber State University, Ogden, UT	October 28
Brooklyn College, Brooklyn, NY	October 28
Geneseo University, Geneseo, NY	October 28

Centenary College of Louisiana, Shreveport, LA	October 28
Southern University – Shreveport, Shreveport, LA	October 28
Utah State University, Logan, UT	October 29
SUNY Brockport, Brockport, NY	October 29
St. John Fisher College, Rochester, NY	October 29
Tulane and Loyola Universities, New Orleans, LA	October 29
Utah Valley University, Orem, UT	October 30
Rochester Institute of Technology, Rochester, NY	October 30
Louisiana State University, Baton Rouge, LA	October 30
Brigham Young University, Provo, UT	October 31
Roberts Wesleyan College, Rochester, NY	October 31

## **NYCPM’s Location: Where is it, and is it safe?**

The New York College of Podiatric Medicine is located right in Manhattan in one of New York City’s oldest and most historical districts – Harlem. Resting between Park and Madison Avenues on 124<sup>th</sup> Street, NYCPM is a small, secured campus consisting of two buildings. Outside the doors of the College you will encounter a huge variety of people. New York City is known for its diversity and it is important to remember that diversity is not the same as danger. New York City, and Harlem in particular, carries many unwarranted reputations. In fact, New York City was ranked the safest large city in the United States in 2007, according to the FBI’s crime report for that year. In order to thrive in such a diverse community, students should always keep an open mind. Each individual neighborhood in New York is unique, so visiting students should try to see as many different areas of the City as possible. Also, keep in mind that New York City is home to some of the most prestigious health care facilities in the world. NYCPM is affiliated with many of these hospitals, so our students are exposed to endless opportunities.

## **What is the median salary for a DPM?**

This is a hot topic, as many sources provide varying answers. Many factors contribute to a DPM’s salary. Owning your own practice, working within a group practice, or working for a hospital may provide very different salaries. When you include the variables that differ from state to state such as overhead costs, standard of living and demand, you might calculate numbers that contradict what is being published as a median salary. According to the most recent podiatric practice survey in 2006, the median salary for podiatrists is \$150,000, comparable to other medical professions’ salaries such as dentistry, pediatrics and surgery. In 2007, podiatric medicine placed 15<sup>th</sup> on *Forbes’* survey of “America’s 25 Best Paying Jobs.”

Generally, during your residency period, you should expect to make from \$40,000 to \$60,000 a year. Upon completing your residency, depending on your training, the state you live in and where you work, you can expect to earn over \$100,000 per year after five years of practice.

This is not a promised salary. As is the case in most careers, the effort in your work and the decisions you make greatly impact what you will earn. As you gain experience, you will learn what you need to do to earn a more competitive income. There are some podiatrists making well over \$200,000 a year, but it is not realistic to expect this salary immediately upon graduating. Those who are knowledgeable, ethical and hard-working will almost always earn a more competitive salary.

## **How much clinical exposure do NYCPM students actually receive?**

NYCPM is physically attached to the Foot Clinics of New York. Just steps away from the largest foot clinic in the United States, our students have the opportunity to begin shadowing in the clinics as early as their first semester. At the start of their third year, students begin clinical rotations in various departments: general podiatry, surgery, orthopedics, pediatrics, vascular, radiology, and physical therapy. From these clinics, students work hands-on assisting patients who have a variety of ailments. Our students are constantly being prepared for

real-world experiences. On average, our students not only work with our doctors to see seven patients a day, but also they assist the doctors with check-in and check-out procedures.

In addition to the Foot Clinics of New York, third-year NYCPM students do clinical rotations at up to six nearby hospitals, further exposing them to podiatric and surgical procedures. Being trained in the largest city in the United States gives NYCPM students an advantage, as they are exposed to a wide variety of conditions in their clinical training. After finishing their third-year rotations, our students will have had the opportunity to experience most aspects of podiatric medicine: surgery, radiology, orthopedics, pediatrics, dermatology, nail care, and wound care.

## A Unique Situation – Father and Daughter working together at NYCPM

### Meet an NYCPM Student

**Student Name:** Sari Goldman  
**Hometown:** Dix Hills, NY  
**Email:** sagoldman@nycpm.edu

**Medical School Class:** 2012  
**Undergraduate College:** University of Michigan

#### What was the transition from undergrad to medical school like?

I think U of M prepared me well, in regards to the time management skills necessary for medical school. The exam schedule is different and takes a little getting used to, but I think I am adjusting well.

#### What made you decide to pursue a career in podiatric medicine?

My Dad really exposed me to a side of medicine that I didn't even know could exist. A podiatrist is able to have a lifestyle that allows you to have an active medical career as well as a life outside of your occupation. I also have seen first hand in my Dad's office how a patient can come in with an ailment and end up leaving the office fully recovered. That instant gratification was what really interested me in the first place.

#### What made you decide to attend NYCPM?

NYCPM had the most active clinic out of all of the schools that I had visited. Gaining that clinical experience is really important to me and I felt like it was necessary to get all of the practice I could before entering my residency.

#### What advice do you have for incoming students?

Don't procrastinate! The exam schedule definitely doesn't leave room for cramming and learning new material the night before. I would suggest studying a little bit each day when the material is still fresh in your mind.

### Meet an NYCPM Alum



**Alumnus Name:** Dr. Steven L. Goldman

**Email:** SteveGoldman@att.net

**Undergraduate College:** Brooklyn College

**NYCPM Graduation Year:** 1982

**Subspecialty:** Surgery & Diabetic Limb Salvage

## **What are your responsibilities at NYCPM?**

I am a part-time Associate Clinical Professor in the Medicine Department responsible for clinical instruction to 3<sup>rd</sup>-year students in Medicine and Radiology. Additionally, my full-time job is as Chief of Podiatry and Director of Podiatric Medical Education for the Department of Veterans Affairs Medical Center – New York Harbor Healthcare System.

## **What made you decide to pursue a career in podiatric medicine?**

I wanted a career that would enable me to have a life outside of my vocation. I believe life has to have some degree of balance. Podiatry permits a realistic balance between a professional life and a personal life.

## **What is it like to see your daughter following in your footsteps?**

I have always found joy in what I did as a vocation. I have to assume that some of that enthusiasm was perceived by my daughter. It is uniquely rewarding to know that she has chosen what I think is a tremendously personally rewarding profession. I am honored and look forward to the day when I can call her a colleague, counting her among the ranks of practicing podiatrists, and watching as she develops and nurtures her own interests and fulfills her own life goals. I can only hope she finds the same joy I have found in this profession.

## **What advice do you have for incoming students?**

I would encourage them to make the most out of the initial months to develop working relationships with their classmates. The time of stepping on each other is over. This is a time when each has to learn to respect each other as a colleague and to work together to weave a fabric of cooperation and commitment to each others' success. No one can know everything. It is important to learn to trust each other and begin to rely on your associates as a valuable resource for your cooperative successes.

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New York College of Podiatric Medicine, 53 East 124<sup>th</sup> Street, New York, NY 10035

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