



NYCPM

New York College of Podiatric Medicine

ADMISSIONS E-NEWSLETTER

October 2009

Prospective podiatry students have many resources for gathering information about each podiatry school. You can gain primary knowledge by visiting the school in person. You can ask students and alumni for their opinions of the school. You can even visit websites specifically designed to guide you on your pre-med paths. The Admissions Office at New York College of Podiatric Medicine wants to be one of your resources for learning about the admissions process for podiatry school. Each month, our newsletter will feature new topics and questions posed by pre-podiatry students from across the country. Find out the answers to your questions directly from an Admissions staff member.

We're on Twitter!

NYCPM has officially entered into the Twittersphere and is sending out tweets! Check us out and follow us at the following link: <http://twitter.com/NYCPM1>. And don't forget, we're also on Facebook. If you haven't become a fan yet, you can do so by clicking here: <http://tinyurl.com/y8l4vq5>.

Can't travel to NYC? NYCPM Reps may be Visiting Your College this Fall

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting in the fall. If you would like to find out more details about the event taking place at each location, please email enrollment@nycpm.edu. You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered.

School	Date
Niagara University- Niagara, NY	October 2 nd
Canisius College- Buffalo, NY	October 5 th
University at Buffalo- Buffalo, NY	October 6 th
Howard University- Washington, D.C.	October 7 th
Fredonia State College- Fredonia, NY	October 8 th
University of St. Thomas- Houston, TX	October 8 th

University of Houston- Downtown	October 8 th
Georgetown University- Washington, D.C.	October 8 th
George Washington University- Washington D.C.	October 8 th
Penn State- University Park (Health Fair)	October 14 th
Yeshiva University- New York, NY	October 14 th
Bucknell University- Lewisburg, PA (Health Fair)	October 15 th
Manhattan College- Riverdale, NY	October 19 th
Sweet Briar College- Sweet Briar, VA	October 19 th
Southern Connecticut- New Haven, CT	October 20 th
Ferrum College- Ferrum, VA	October 21 st
Sacred Heart University- Fairfield, CT	October 21 st
American International College- Springfield, MA	October 21 st
Clark University- Worcester, MA	October 21 st
MIT- Cambridge, MA	October 22 nd
Shippensburg University- Shippensburg, PA	October 27 th
UMASS Amherst- Amherst, MA	October 28 th
University of Hartford- Hartford, CT	October 29 th

What are the requirements for admission to NYCPM?

- All applications are to be filled out online at e-aacpmas.org.
- All candidates for admission must have completed a minimum of 90 semester hours and the prerequisite course requirements consisting of: 1 year of Biology (lecture & lab), 1 year of General Chemistry (lecture & lab), 1 year of Organic Chemistry (lecture & lab), 1 year of Physics (lecture & lab) and 1 year of English. Grades should not be lower than C-. The completion of a Bachelor's degree prior to matriculation is strongly recommended.
- All **college transcripts should be sent directly to AACPM**. Please do not send them to the NYCPM Admissions Office.
- All candidates must have taken the Medical College Admission Test (MCAT) during the year that they are applying or within the prior three years, and have achieved competitive scores. In select cases we will also accept the Dental Admissions Test (DAT) in lieu of the MCAT. All MCAT scores must be sent to AACPM and DAT score reports to NYCPM.

- All candidates must submit three letters of recommendation or a pre-health committee evaluation to NYCPM via mail or Interfolio online.

Meet an NYCPM Professor:

Name: Anthony V. D'Antoni, DC, PhD

Hometown: Staten Island, NY

Education: Seton Hall University-BS
Wagner College-MS

School of Health and Medical Sciences, Seton Hall University- PhD

National University of Health Sciences-DC

Specialty: Academic (Anatomy) and Clinical (Chiropractic)

Email: adantoni@nycpm.edu

What are your responsibilities at NYCPM?

I have been Course Director for Research Methodology and Epidemiology (RMEP) here at NYCPM for 4 years. Recently, I returned to NYCPM full-time as Course Director of General Anatomy. I am currently teaching RMEP for first-year students, and will be teaching General Anatomy in the spring.

What made you decide to pursue a career in anatomy?

I am really a clinician-scientist with a keen interest in clinically-oriented anatomy. In the classroom, I constantly relate basic anatomy to clinical scenarios. Many of the cases I present in the human gross anatomy course are from my own private chiropractic practice in Staten Island. I always attempt to make connections between my subject and real-life clinical practice, and I have found that students respond positively to this kind of approach. My formal training in human gross anatomy occurred when I was in chiropractic school where we took four semesters (two years of human gross anatomy). During that time, I became very interested in research and really wanted to pursue an academic career, but I knew that I needed to learn how to do research. So, during my fourth year of chiropractic school, I began to interview for PhD programs and ultimately matriculated in the PhD program at Seton Hall University's School of Health and Medical Sciences.

What is your area of expertise?

In addition to anatomy, my PhD dissertation focused on the role of mind mapping to promote critical thinking in medical students. Mind mapping is a metacognitive learning strategy that allows students to retain information and discover connections between information. It has been suggested that mind mapping also promotes critical thinking. Naturally, I have used mind mapping to teach clinical anatomy.

What advice do you have for incoming students?

Having been a student for most of my life, the best advice that I could give incoming students is to maintain a positive attitude during podiatry school, even when things are not going so well. Doing so will make life much easier during school and beyond. Remember that the rigorous training you receive in podiatry school will

become apparent and useful when you become a licensed DPM treating patients. Finally, a wise teacher once told me, “Always take care of your patients and they will take care of you.”

Meet an NYCPM Student:

Student Name: Anthony Zizzamia

Graduation Year: 2012

Hometown: Floral Park, NY

Undergraduate College: Adelphi University

Email: Azizzamia@nycpm.edu

What activities are you involved in at NYCPM?

I am involved as a Student Ambassador, Vice President of the Practice Management Club and Immunology Education Committee.

What was the transition from undergrad to medical school like?

The biggest challenge by far was adjusting to both the much faster pace and the greater quantity of material compared to undergrad. Adapting to the difficulty of the material was not as much of a problem for me which I attribute to having been a Biology major as an undergrad. The strong science-based background many times has allowed me to move faster in my studies, enabling me to concentrate on the newer topics, and in the end helped me to excel in these classes.

What made you attend NYCPM?

As a native New Yorker, my decision to attend NYCPM might have been a little easier than for most students. Comparing NYCPM to other institutions, the major determining factor for me was the clinic. Luckily, after shadowing podiatrists, I was told that the experience and knowledge I would gain here in the clinic is unmatched by any other school.

What is your favorite part about being a student at NYCPM or in NYC in general?

The greatest part of NYCPM is its location. Having New York City at my disposal is extremely useful for many reasons. There is an endless amount of things the city offers, ranging from libraries to study in to places to unwind once your work gets done.

What advice do you have for incoming students?

Any incoming student needs to prepare themselves mentally. What I mean by this is getting in the mindset and accepting the fact that you will spend endless hours in class—on top of having to spend hours studying every day. When I started here at NYCPM, the work and hours spent in class seemed overwhelming. I quickly learned that the best way to overcome this feeling is to take it one day at a time and set daily goals of what you

want to accomplish. Try to never look at it with the mindset that everything you need to learn needs to get done right away. Lastly, do not be afraid to ask the upperclassmen for advice.

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