



## December 2011 E-Newsletter



We invite you to “like us” on Facebook to learn more about NYCPM, read up on the latest new in podiatry and connect with other prospective students. Check it out! <http://www.facebook.com/pages/New-York-College-of-Podiatric-Medicine/114858515735>

### Travel Schedule

If you want to visit with an NYCPM Admissions representative, but you are unable to travel to New York City, you may have the opportunity to meet with someone at a college fair or presentation. We will be traveling throughout the country this fall, and we may be coming to a college near you. Below is a list of colleges we will be visiting this month. If you would like to find out more details about the event taking place at each location, please email [enrollment@nycpm.edu](mailto:enrollment@nycpm.edu). You are welcome to stop by the NYCPM table or attend a presentation by an NYCPM representative where you can have your questions answered about your individual situation.

School	Date
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College of Saint Elizabeth- Morristown, NJ	12/1
Rutgers University- Piscataway, NJ	12/2

## Open House and New York Podiatric Clinical Conference



Our next Open House is on Saturday, January 28<sup>th</sup> and will be running in conjunction with the 2012 Podiatric Clinical Conference in New York City. It promises to be a vibrant event bringing together 2,000+ Doctors of Podiatric Medicine, residents, students, and assistants from across the country and internationally.

The conference is being held January 27-29 at the Marriott Marquis in Times Square. It will feature three days of intensive, hands-on wet labs/workshops, scientific lectures, panel discussions and roundtables with experts and peers. Education sessions will address a variety of subjects such as wound care, surgical techniques, biomechanics, and a variety of specialized areas of podiatric medicine that keep DPM's current and offer education in cutting-edge technology to ensure quality patient care.

Also featured will be a two-floor exhibit hall with over 250 booths displaying products, services, and technology relevant to the field. Scheduled coffee breaks will make it easy to visit exhibitors who represent all aspects of podiatric practice and will be ready

to discuss their products and services with you. Many exhibitors will also be offering free samples and giveaways.

We welcome you to attend both of these (free) events. To learn more about the Open House and register, go to [www.nycpm.edu/openhouse.asp](http://www.nycpm.edu/openhouse.asp).

## **What kind of financial aid is available for NYCPM students?**



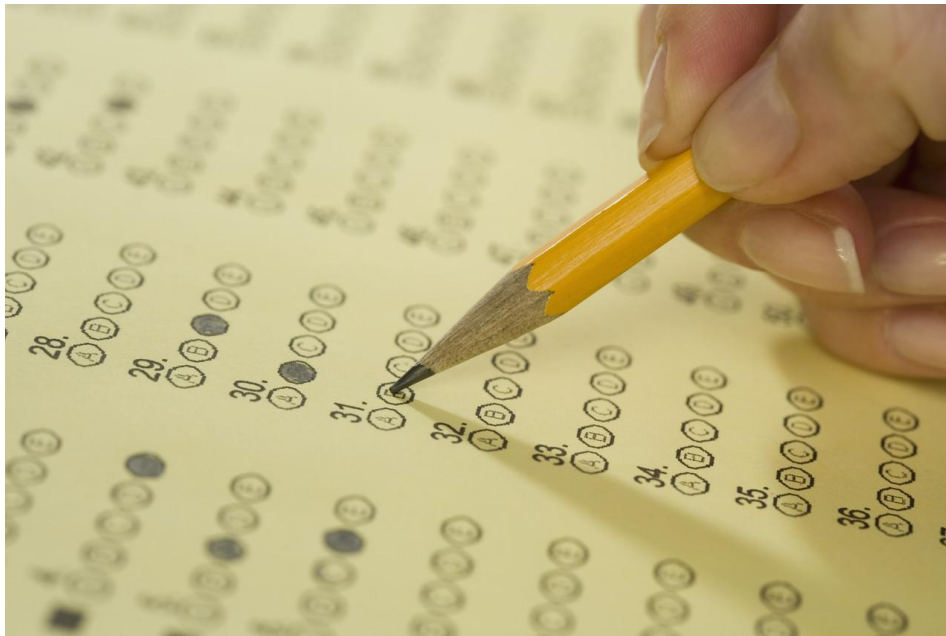
Medical school can be very expensive, so NYCPM tries hard to keep the costs low to help minimize student loan debt. Most students are eligible for financial aid, and most borrow the allowed amount to cover all of the costs associated with attending podiatric medical school. Currently, NYCPM offers financial aid in the form of Federal Stafford Loans, Grad PLUS Loans, Perkins Loans, Work-Study Programs, as well as scholarships.

Financial aid at NYCPM is awarded on the basis of demonstrated financial need, the availability of federal resources and the amount of institutional scholarship money available. Eligible accepted students\* needing Financial Aid must fill out a FAFSA online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov) and NYCPM's financial aid application, included with the acceptance package. Eligible students can borrow up to \$40,500 a year in federal loans, and several additional loans are available for those with exceptional financial need. Because students can borrow more than the cost of tuition, room and board, and additional fees, eligible students should not decline going to medical school because of

finances. The average cost for a first-year student is \$48,000, which includes tuition, books and supplies, and room and board.

\* Eligible students include American citizens or permanent residents.

## I have a strong GPA but did poorly on the MCAT. Should I bother applying?



It is not unusual for pre-med students go into the MCAT hopeful or even confident but leave very disappointed. If you fall into this category, you shouldn't feel bad. You may have done very well in college, earning a strong GPA, but you perform poorly on tests. This is a challenge you will have to face, and you may have to work extra hard to reach your goal of attending medical school. Some students have to retake the MCAT twice, or even three times, before earning a competitive score. While this is an expensive and time-consuming endeavor, it is also worthwhile if you truly want to be a doctor. Luckily, the MCAT is now offered multiple times a year, and you can take the test up to three times a year. Here are some tips:

- **Just when you think you have studied enough, study more.**
- **Don't attempt to take the MCAT before completing all of the science prereqs.**
- **Be prepared to stare at a computer screen for many, many hours, so practice on a computer.**
- **Take the test early enough to have time to retake it if necessary. For example, if you plan to apply for September 2012, take the MCAT in**

**January 2012 so you have plenty of time to study and retake it. It takes 30 days to receive your scores, so plan accordingly.**

- **If you receive your scores, and they do not meet your standards, don't give up.**

A strong GPA can sometimes cushion a weaker MCAT and vice versa, but if you scored below a 20, you should call the Office of Admissions for a personal consultation.

## **Outlook for podiatric medicine looks very promising for incoming students**



**Written By Mike Kulick and Betsy Herman, Bethesda, MD** – Students searching for the right opportunity to launch a successful career in medicine have never had more choices than they do today. But, according to a recent survey by the American Podiatric Medical

Association (APMA), entering the field of podiatry will guarantee graduates something many specialties cannot – one of the highest average salaries in the medical field.

The survey, which compared podiatry to five other popular professions requiring similar medical education, found that the average salary of a podiatrist is \$176,000, ranking second out of six. While dentistry has the top-ranked average salary at \$200,000, the dental profession also carries a substantial amount of student loan debt of \$130,000 – \$20,000 more than podiatry’s student loan figures.

Podiatry also sits at the top of the rankings for providing its specialists with a wide range of practice options and high quality of life both in and outside of the office. According to the APMA, the combination of a comfortable work environment, stable amount of hours worked per week and work schedule flexibility gives all podiatrists the chance for a six-figure income while still working a typical, 40-hour week.

“Podiatric medicine not only provides a comfortable salary and flexible work week, it also offers the opportunity to work with state-of-the-art medical equipment, perform life-changing surgery and help treat and manage major medical conditions such as diabetes,” said Dr. Ross Taubman, president of the APMA. “Becoming a podiatric physician is one of the most challenging, rewarding and technologically advanced medical careers one can choose.”

For more information on beginning a career in podiatric medicine, visit [www.apma.org/careers](http://www.apma.org/careers).

## **Student Interview**



**Name:** Emily Pepyne  
**Hometown:** Deerfield, MA  
**Email:** epepyne@nycpm.edu  
**Undergraduate College:** Cornell University  
**Graduating Class:** 2014

### **What made you decide to pursue a career in podiatric medicine?**

I spent a lot of time at the podiatrist when I was young because I was an avid dancer. While there, I was really drawn to the profession, not only because of the important work they do, but also because of the vital work-life balance most podiatrists are able to maintain. If you talk to many podiatrists, they only have positive things to say about the field. This is in stark contrast to many other medical professionals who are unhappy with their job and quality of life.

### **What made you decide to attend NYCPM?**

I liked NYCPM primarily because it was located in NYC, which is such an amazing place to live. In addition, I wanted to pursue the dual-degree DPM-MPH at Mt. Sinai. I felt that the caliber of this program was unmatched by any other school.

### **What was the transition from undergrad to medical school like?**

My transition from undergrad to medical school was tougher than I expected. I had taken a lot of difficult classes at my undergrad university and I thought I was very well prepared. However, there is a lot of class time and long days at NYCPM and this can be exhausting. In addition, there are tests very frequently so you have to stay up-to-date with the material. In order to deal with the intense course load, I formed a study group with some of my classmates. I had never liked group studying before, but this has been essential to my success at NYCPM.

### **What is your favorite part about being a student at NYCPM or in NYC in general?**

I am constantly amazed with NYCPM students' willingness to help each other. At my undergrad, it was extremely cut-throat, and no one was willing to help anyone else. NYCPM is very much a family. You will be in class with the same people every day and you'll really get to know your classmates and professors on a personal level. Upperclassmen and fellow students are constantly sending out notes, study guides and offering to help people who are struggling in classes. This family atmosphere is something extremely rare and special to NYCPM.

### **What activities are you involved in at NYCPM?**

I am a student ambassador and a flag football team member. In addition, I have been on the education committees for Histology, Research Methods & Epidemiology and Pathophysiology

### **What advice do you have for incoming students?**

The best piece of advice I have is "Time management is everything!" If you work hard during the week, stay up-to-date with your assignments and keep organized,



you will easily be able to find free time to visit friends and explore the city. I have been able to maintain an active social life despite the intense course load and it's only because I've been able to time-manage effectively.

*NYCPM is currently accepting applications for admission. Start your application today by visiting <http://www.e-aacpmas.org/>.*

**Happy Holidays from all of us in the Office of Admissions and Student Services at NYCPM!**



[NYCPM | Apply](#)

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